

The outcomes of the conference held in Vis in September 2018 are voluminous and highly insightful. The coming together of such an array of specialists from different fields make the proceedings rich from both the academic and governance point of view. While academics can build on these studies, those in charge of policy can use the data in their decision making and take the opportunity to ponder on the underlying pleading for sustainability. The compendium provides anyone interested in Mediterranean history with a valuable tool. It should instigate other organisations and academic institutions in other Mediterranean countries to collaborate, share in the research and test methodologies developed in these works on their territories and regions. Only through such interaction can what Braudel called "unsuspected store" ... mines of the purest historical gold' be tapped into, explored and rendered as tools in our common quest for a sustainable Mediterranean living.

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The interdisciplinary approach to the choice of themes has contributed to the deliberation, understanding and direction of development of the Mediterranean region as an area of intertwined cultural, scientific, artistic and political forces. The presentation of scientific knowledge, expert accounts and recommendations given in the articles on the traditional components, tourism development guidelines and sustainable development of certain regions extensively displayed in this book are particularly thought-provoking because they encourage reflection on how to sustainably develop and live in the Mediterranean region. I therefore believe this book is of particular social significance to the wider community.

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